"The only person you are destined to become is the person you decide to be"

Ralph Waldo Emerson

WISE GOALS

MY MAIN GOAL RIGHT NOW

MY NO.1 GOAL IS...

.....

.....

TARGET DATE

How will I know I've reached my goal?

.....

.....

My key strengths that will help me achieve this goal are...

1. .....
2. .....
3. .....
4. .....
5. .....

This goal is important to me because...

.....

.....

.....

.....

.....

Obstacles that may arise are...

How I plan to respond to each obstacle:

1. ..... → .....
2. ..... → .....
3. ..... → .....
4. ..... → .....
5. ..... → .....

What will be different when I achieve my goal?

.....

.....

.....

.....

.....

NEXT BEST STEPS

1. ..... ☐
2. ..... ☐
3. ..... ☐
4. ..... ☐
5. ..... ☐

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